

## Stump Protectors

A stump protector, also known as a removable rigid dressing, is a custom-made device that is commonly used after a new below-knee amputation.

A protector helps to:

- Protect the sensitive end of your residual limb from getting bumped
- Reduce the risk of rupturing the suture in case of a fall
- Keeps the knee straight, preserving range of motion essential for walking

Features:

- Removable allowing for inspection and cleaning of the wound as well as changing dressings
- Soft inner interface provides comfort
- Rigid outer provides protection from bumps and falls



### How to put it on

1. Put on the long thin sock that was provided to you by your prosthetist. This makes it more breathable and prevents excess perspiration
2. Undo all the straps. Closing the Velcro on itself keeps it from getting tangled or catching on clothing
3. Pull open the front flap
4. Slide your residual limb in, making sure the curve of the plastic flap contours your knee once closed
5. Attach all the Velcro straps. The straps should be snug, but not uncomfortably so.

### When to wear it

- When you are in your wheelchair and have your leg up on the amp board. This will keep it from getting bumped.
- In bed, wear it as much as possible. It can be taken off occasionally to move your leg around, do some exercises, and to work on de-sensitizing the limb and mobilizing the scar.
- When you are sleeping. For the first while it is advisable to try and wear it to bed in order to avoid a fall from getting out of bed in the middle of the night.